



February/March 2025

St. Paul's Evangelical

Lutheran Church

Chilliwack, BC

Message from our Vacancy Pastor

Hello everyone!

It has been a privilege serving as your Vacancy Pastor for the past few months. Even though my time here has been short, I've noticed that St Paul's is blessed with loving, faithful people and a strong ministry and mission.

Since starting here on November 13th of last year, there have been 20 pastoral visits, most of which were visits to shut-ins and people who are new to the congregation. I have led five worship services – three midweek Advent services, one funeral, and one regular Sunday service.

I have also attended 12 meetings, which include Governance Board meetings, a

The Season of Lent



Lenten Midweek Services
every Wednesday at 7 pm
from March 5 (Ash Wednesday) to April 9
Maundy (Holy Thursday) April 17 at 7 pm
Good Friday April 18 at 7 pm



Ministry Team meeting, and one very long meeting with the newly appointed Call Committee. Three confirmation classes have been taught, and the confirmation youth are looking forward to Confirmation Sunday on March 9th.

As you may already know, I am usually at the church on Wednesdays, but I can also be contacted at any time – especially in the case of a pastoral emergency – at either pastor.saviourlutheran@gmail.com or at 1-778-927-0975.

Pastor Vic Esperanza

Call Committee Update

The Call Committee had its first meeting Wednesday January 29. The Committee is comprised of Paul Schenderling, Paul Schmidt, Donna Little, Martina Rohde, Dan Lillos, and Jonathan Wearing. As many of you may know, our congregation has not gone through a formal pastoral call process since 1988 when the Congregation called Rev. Stroup. Because of this we understand that the call process may feel new and unfamiliar to many in our congregation, so we want to provide a brief summary of the call process and what everyone should expect in terms of timelines.

The Lutheran Understanding of the Call: As Lutherans, we believe that the pastoral office is established by Christ for the preaching of the Word and the administration of the Sacraments. The process of calling a pastor is not simply a hiring decision but a matter of seeking God's guidance through prayer, reflection, and discussion. While we follow a formal and orderly process, we trust that God will ultimately provide the right shepherd for our congregation. The pastoral call is both a divine and human process: the congregation prayerfully considers whom to call, and the candidate, in turn, prayerfully considers whether to accept.

What to Expect in the Call Process: The Call Committee is currently working on completing the preliminary package that we are requested to submit to LCC via our Regional Pastor, Rev. Mohns. A key part of this package is the Congregational Profile, which is a 9-page questionnaire addressing various questions about our congregation such as statistics, demographics, history, strengths, weaknesses, and goals, etc.

Before we complete this package, we'd greatly appreciate the opportunity to hear from everyone. We will be distributing a survey to the Congregation so we can receive input on a few key questions. **Paper copies will be available on Sunday February 9 and 16. Digital copies will be sent via email.** After the survey, generally speaking, the next steps will be as follows:

1. **Submission to Rev Mohns.** After the surveys are collected, the Call Committee will finalize the package and submit it to Rev. Mohns by February 21.

2. **Candidate List.** After receiving our package, Rev. Mohns will review it, and will send the Call Committee a list of potential candidates based on the needs of our congregation. Our understanding is we can expect this list approximately two weeks after we send our package.
3. **Call Committee Review:** The Call Committee will evaluate the candidates and, depending on the number of names provided, will prepare a shortlist. The Committee will carefully review each pastor's background and qualifications. We may also listen to sermons, review written materials, or conduct informal conversations to better understand each candidate before presenting the list to the Congregation. During this time we may also possibly reach out to Lutheran pastors from other countries, especially the Lutheran Church of Australia.
4. **Pre-Call Meeting.** A preliminary voters' meeting will be scheduled in mid to late March to present and discuss the candidates. At this stage, members may also submit additional names for consideration. If possible, Rev. Mohns will attend this meeting.
5. **Call Meeting.** A second voters' meeting will then be held where the Congregation votes to extend a call to one of the proposed candidates. The procedure for electing a candidate is set out in Bylaw 9A of our Bylaws. Once a candidate is elected, the chair of the Governing Board will immediately extend the official call. This meeting will hopefully be held in late March to early April.
6. **Awaiting a Response.** After the call is extended we will await a response. Our understanding is that it can sometimes take up to 6 weeks to receive a response. If the call is declined, we will return to the candidate list and repeat the process.

Please keep our Congregation in your prayers as we go through this process, that God may guide this process according to His will. Please feel welcome to reach out to anyone on the Committee if you have any questions.

*In Christ,
The Call Committee*

Capital Campaign Update:



It is hard to believe that the capital campaign was first started in 2023. The idea for a capital campaign came out of the Future Focus Group at a time where we had just had the flood in November of 2022. The roof was clearly in need of repair and then people suggested that there were a lot more things around the church that needed attention. The original plan was to fix the roof and then to fix up other things around the church that needed fixing or improving to help welcome people into the house of God. We wanted people to feel comfortable coming to a building that is well kept and not falling apart. A target of \$100,000.00 was set.

The committee was made up of Paul Schenderling, Sandra Underhill, Barb Schmidt, Martina Rhode and me, Donna Little. We chose a bible verse that we thought was appropriate for what the capital campaign was trying to accomplish.

1 Corinthians 3:11 ... *For no one can lay a foundation other than that which is laid, which is Jesus Christ.*

We got input from a number of people in the congregation to see what they thought were the priorities and we came up with a list.

Next, we needed to get estimates on the work that needed to be done. The Board looked after the roof estimates and facilitating the repairs to the roof, as we knew that was an immediate issue.

Next, we put together a booklet outlining the needs and direction of the campaign. We still have these booklets in the office if you would like one. We put on several events, talked to different groups in the congregation and made a few house calls.

The money came in slowly but steady at a time where people were feeling a big crunch financially. It is amazing how God provides what we need (not want but need).

Statistically as of Dec 31st 2024

Total Revenue collected:	\$53,716.27
Total Expenses:	<u>\$25,091.73</u>
Balance:	\$28,624.54

Of the \$25,091.73 expenses \$24,531.84 went directly to the roof repairs. The balance (\$559.89) went towards new lights in the basement (\$401.15) as well as dumping fees and administrative costs for the booklets and events that we put on.

1 Corinthians 3:11
For no one can lay a foundation
other than that which is laid,
which is Jesus Christ.

A lot of work was done by the "sweat of the brow". Thank you to those people who have put in hours cleaning, fixing, and working to clean up/fix up God's "house". Our committee will be meeting to see where we go from here.

If you would like to give an extra donation to the capital campaign, please e-transfer or mark your envelope as capital campaign so we can get the proper allocation.

In Christ
Donna Little
Capital Campaign Committee

Youth Update

There was a great turnout of 10 Youth who attended the event at the Rohde's Family Farm in November.

We had a fun time visiting the five new calves in the barn and swinging on the giant swing under the grape arbour. After that we enjoyed a BBQ dinner, some smores and a devotional.

Youth also hosted the congregational luncheon for the AGM in January which raised over \$300 to go towards BC Mission Boat. Thanks to all who contributed.



Next up, St. Paul's youth are invited to the 4th Annual Youth Retreat at Camp Luther from May 2-4.

Attn: Young Adults I am looking for a leader or two (particularly a Male Leader) interested in attending. There is no cost for leaders. Please let me know if you would like to be a part of this special experience.

Amanda Gervais
Youth Director



Confirmation
Sunday
March 9
at 10:00 am

Confirmation Update

The five Confirmation Students have completed their studies and are preparing for Confirmation Sunday which is scheduled for **Sunday March 9** and will be led by Pastor Esperanza. Mark your calendars! ... And also double check your alarms because March 9 is also the start of Daylight Savings Sunday! Plus, everyone can enjoy some cake after service. Please join us in celebrating these five young people.

Children's Ministry

Our children's church continues its journey through the Bible. We have worked on discussing the lives and lessons of those that are in the Bible. As well we seem to have some new faces, which is encouraging for our little class! This year we are not doing an Easter in the Park, however, there will be an Easter themed small event for the children to do on Easter Sunday. Please stay tuned for details!

Emma Underhill



Stewardship

The vacancy period in a congregation is an interesting time. Our Regional Pastor, Pastor Mohns suggested that it is a time of reflection. A time where we look at where we were, where we are and where we are going.

What about Stewardship? What exactly is Stewardship? Looking at the Meriam-Webster dictionary, it says: "the conducting, supervising, or managing of something. Especially: the careful and responsible management of something entrusted to one's care."

The biblical world view of stewardship can be consciously defined as: "Utilizing and managing all resources God provides for the glory of God and the betterment of His creation."

That is a big task, or is it? If everything we have is from God then shouldn't our first question be, how does God want me to manage this?

Often when people think of Stewardship, they think of the three "T's"; Time, Talents and Treasures". I'm not saying that that is wrong; I'm just suggesting that Stewardship is a lot more. God has given us St. Paul's to further His gospel. We need to carefully and responsibly manage how the church runs and operates because we are representing Christ. That means, how we talk to each other, how we support each other and how we share God's story.

Saturday, Feb 8th we are having a Stewardship sponsored congregational birthday party. This is a chance to come and celebrate everyone's birthday but more importantly it is time to come together and celebrate God's blessings. It is also a time to get to know each other better so that we can take care of each other in times of need and celebrate with each other in times of victories.

It is easier to take care of people when we know them because then we know their needs. Please come and join with us in an evening of fun and fellowship.

God's Blessings, Donna Little



Lutheran Women's Missionary League

Our women's mission-oriented society meets monthly on the second Thursday of at 6:30. There is a time of fellowship, a brief business meeting and a mission-themes Bible study. All women and teen girls are welcome.

LWML also sponsors several regular and special events in the congregation. We are continuing to support Anne Davis Society as our local mission project. The society supports families in vulnerable situations. Gloves, socks, mittens, and toques are most needed. Especially with this sudden cold snap. Please no slippers or toiletries.

Hosted by LWMLC, Sip n Stitch is a monthly group for all things crafty. We meet the third Thursday at 6:30, although we will not meet in April due to Easter. This is open to all crafty people -men and boys are welcome!!



We will be sponsoring a movie night on Saturday March 15 at 6:30 pm. Bring a snack to share and join us as we watch Angel Studios production of Bonhoeffer: Pastor, Spy, Assassin.

Marjorie Nielsen

Missions and Local Relief

We are so pleased to see how generously the congregation has responded to recent projects to support both mission work around the world and local relief agencies close to home.

As we prepare to enter the season of Lent this is a good time to reflect on the many ways our Lord has blessed us and how He is calling us to bless others.

The Mission and Local Relief Ministry Teams have several opportunities coming up soon for you to bless others as you have been blessed by God.

On **Sunday, March 23** we will thank and praise God for Pastor William Mundt as we commemorate the 50th anniversary of his ordination. **Lunch will be provided by our Fellowship Team and will be by donation with proceeds going to support the work of Lutheran Church Canada in the Ukraine.**

During Lent, our local relief project will be to support the work of the Community Angels Food and Housing Society. This is a local non-profit dedicated to addressing the challenges of food and housing insecurity among seniors in Chilliwack. Specifically, we will be collecting protein drinks such as Ensure or Boost to be included in the food hampers for elderly residents in need. **During Lent, we encourage you to place your gifts of love in the basket that will be provided in the entrance way.** *If you prefer to have us purchase the products, you may contribute through your regular offering, designating the amount you wish to give to the Local Relief Fund.*

Then, on **Easter Sunday**, we will begin our celebrations with **Breakfast**, so kindly prepared for us again by the Schenderling family. Breakfast will be by donation with proceeds going to support the **Children's Education Project in Nicaragua**. This project is administered through the Concordia Lutheran Mission Society, the mission arm of Lutheran Church – Canada. Your donations for breakfast may be given at the door, or through your regular offering. Please designate the amount

you wish to give to the Nicaragua Children's Program.

We are so pleased that our congregation has such a heart for missions and local relief. We are delighted to see our youth raising funds for BC Mission Boat, our Children's Church preparing Christmas shoe boxes and the LWML Society supporting Ann Davis Transition Society.

Mission & Local Relief Team

Kris Stroup

Barb Schmidt

Mission Trip Opportunity

From our Friends at Trinity Lutheran Church in Richmond



Trinity Lutheran Church-Richmond is looking for volunteers to join their 2025 Mission Team. The team will be travelling to Gingolx, a community

that is a part of the Nisga'a Nation in Northern British Columbia. The trip is being organized through LAML – the Lutheran Association of Missionaries and Pilots.

LAMP has been providing spiritual witness and nurturing faith in communities in remote areas of northern Canada since 1970 through the ministry of pastor/ missionary/pilots, and short and long-term volunteers-in-mission. Each year over 5,000 children, youth and adults are impacted by the ministry of LAMP.

The Richmond congregation is seeking individuals 16 years or older who are willing to prayerfully consider serving this indigenous community through a 5 Day Vacation Bible School among other mission initiatives-- **August 8-17th, 2025**. Cost per individual is \$300. For more information or to apply please contact Adrianna Blitterswyk at youthdirectortlcklc@gmail.com. **Deadline** to apply is Friday, February 28, 2025.

GriefShare Ministry

What is GriefShare?

GriefShare is a Biblically-based ministry outreach to share the hope and promise of our Saviour designed to help people learn strategies to cope and grow in a most difficult time of their lives...the loss of their loved ones. It is a ministry that extends outside the church walls into the community, and brings them in. For people who have lost connection with a community, they experience love, warmth, acceptance, hope, and are encouraged to grow spiritually personally and with others. May God the Father, God the Son, and God the Holy Spirit, always be front and center in this ministry and lead us all into His comfort and peace.

We Praise God, for the wonderful work He is doing. Broken hearts reaching out to comfort others, ministering from what they have learned, interacting with each other, and growing in their exercises. Some are seeking further Christian counselling and pastoral visits to understand how to deal with their emotional past. Some have started coming to church and are now actively praying for others, being a church to their friends. God is so good.

GS Scripture Theme:

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion, and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.
2 Corinthians 1:3-4.

GS Program:

- Arrive at 5:30, set up for our roles
- 6:00 Facilitators pray for members and session
- 6:10 Doors Open, sign in/business
- 6:30. Opening, prayer, object lesson, large group discussion, video
- 7:30 break, small group discussions, closing, prayer
- 8:30 departure, pack up
- 9:00 debrief, close in prayer

Expenses:

Freight and Exchange take a huge bite out of the budget. After budget for this year, shortfall was - 426.18, but donation was made, and we sold 5 STH books to another GS group, so shortfall is 116.18. I made 2 errors in exchange before visa came out, so I still have to adjust that with the accountant. I also have to submit the rest of the invoices as is included in this report. There are incidentals which are office supplies and I will submit those to Barb.

Learning Curve:

- Trying to use funds efficiently meant trying to order once for the year to limit the shipping cost. However, we couldn't predict how many people would register, still had to make a separate order.
- We may need to close off registration after reaching a limit. But everyone that registered needed to be here.

Needs:

- Logistic preparation for each session takes time.
- The church has helped relieve a lot of the pressure by setting up tables/chairs and taking them back. They have also volunteered to help with refreshments.
- That allows us to focus on our roles and the needs of the members.
- It seems administration is a role in itself; it would be awesome to have another person help in this role.

Prayer Partners:

- For such a large group and variety of personal needs, plus the goals of each session, we really need people willing to pray for the group members and facilitators to be committed to the grief journey and do the exercises to help them grow more confidently in their new roles, and in their spiritual lives.
- We presently have 6 prayer partners, but we know others are praying privately for this GS group as well.
- It would be great to have a lead prayer partner to pass new prayers too.

Publicity:

- Word of mouth, is a great way to share what GS is about, especially from the members themselves.
- The Progress newspaper has taken GS as a news story, at no cost, and many people came because they or a friend of theirs, saw it in the paper, thus bringing people in that may not have a church background.
- It seems when someone speaks and presents GS to the congregation, there is more awareness. A few signed up because of that talk.
- Many people in the congregation may not know what GS is about.
- So, keeping the bulletin up to date on our current sessions, goals, or prayers is hopefully helping the congregation see how vital this service is as well as helping them understand how complicated grief is for their peers who may be going through the loss of a loved one.
- We are also putting the theme of the current GS session on the screen every week to encourage prayer for the group.

Facilitators:

- Cindy and Pastor Wayne initiated the GS program and ran it for 3 events on their own. They recruited Roger and Monica Pain, and Jeff Ayres. Monica was asked to take over as Program Director when Cindy and Pastor retired.
- Together we selected and invited more facilitators from the grief members that displayed mature faith in their grief and leadership and compassion. Some are from other churches.
- Ideally, each small group should have a male and female facilitator, which we had, anticipating 3 small groups, but since our numbers were so large, we needed to go to 5 groups the first night in 2025, the second night, we needed 7 groups. At which point, Pastor

David Hilderman stepped forward and asked if he could help.

Going Forward:

- After each session, we debrief sharing wonderful responses, discussion, suggestions.
- Following this 13-week event, we need to seriously pray about what the future will look like.
- Will we try and have a smaller group but present GS twice a year?
- Will we need more facilitators so that we don't burn out?
- Is it possible to have a designated pastor as part of the leadership?
- Due to US exchange rate increasing, will we raise registration to \$25 from current \$20 (Book is \$20 US)?
- Will we ask for \$5.00 registration for the 2 hour Events? We have always offered it free. (Book cost is \$7 US). Budget would take care of exchange rate, freight, taxes, and difference in currency)

Church Connection:

- On our display table, we have posters sharing information about our church prepared by Barb to let people know our community welcomes them to worship and to social events.
- They are invited to the Men's Fellowship, Birthday party event, Mom's and Tots, and Young at Heart.
- We also display Christian Counselling services, Community Helps including low cost food sources,
- We display GS Journals and Devotion book.
- They know the church supports GS and them with prayers, setting up tables, cleaning, providing refreshments.

SPECIAL MENTION:

- We are so grateful for Darren Michalowski and David Mante for volunteering so faithfully in 2024 and 2025 events as Tech experts and Kitchen Engineers!!

Monica Pain

Altar Guild

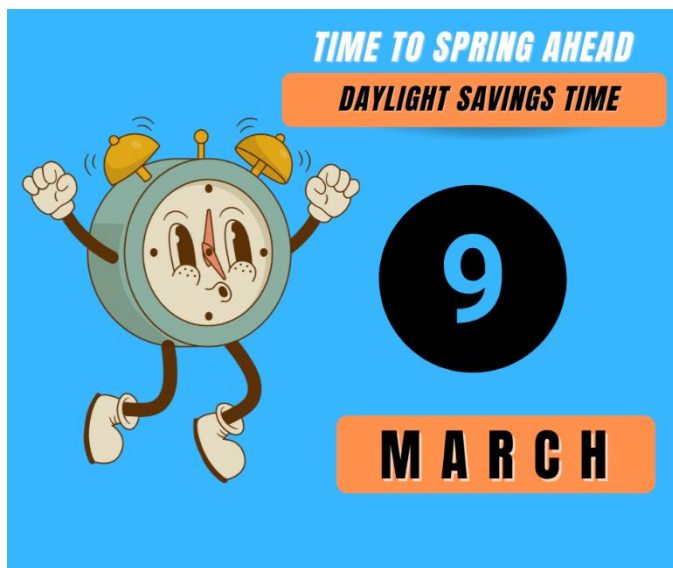
The Altar Guild would like to thank everyone who supported our poinsettia fundraiser for Christmas! A heartfelt thanks also to all who were serving during the seasons of Advent, Christmas, and Epiphany.

The Altar Guild met in early January to put away the Christmas decorations and to discuss plans for Lent, Holy Week, and Easter.

Unfortunately, we will not be able to offer our Easter chrysanthemum fundraiser this year due to changes in suppliers and the rising cost of the plants.

However, we would still like to have some fresh flowers to display for Easter Sunday to celebrate the Resurrection of our Lord. If you would like to contribute, please speak to Marisa or make a donation to the Altar Guild fund to help us make the sanctuary look beautiful for Easter.

Marisa Neels



COME ROCK WITH THE CHOIR

For the last few months, we have been hosting the Chilliwack Rock Choir for their weekly rehearsals ... and now its time for this group to perform for a good cause. If you'd like to hear the singers, they will perform April 14 at the Chilliwack Cultural Centre. All proceeds will be donated to Chilliwack Community Services. Tickets are available now at chilliwackculturalcentre.ca

Praise God for 50 Years!



On Sunday, March 23 we will be thanking and praising God for the 50 years in which he has blessed the service of Rev. Dr. William Mundt. Pastor Mundt was ordained on March 23, 1975 at his home congregation of Crete, Nebraska

Pastor Mundt studied at the Lutheran seminaries in

Springfield, Illinois and Oberursel, Germany, receiving the Master of Divinity degree in 1974 from the Springfield Seminary. He later obtained a doctorate degree from Utrecht Seminary in the Netherlands.

He served a vicarage in Connecticut before being called to Grace Lutheran Church, St. Catharines, Ontario and then Bethel Lutheran Church in Kitchener, Ontario.

Pastor Mundt was active in the formation of Concordia Lutheran Theological Seminary in St. Catharines, first in preliminary meetings leading to its formation and then as adjunct faculty member. He entered full-time service at the seminary in August 2000, when he joined the faculty to teach dogmatics and evangelism. During his 15 years of teaching at CLTS, he also served at various times as Academic Dean, Dean of Students, Director of Field Education, Vicarage, and Placement, and Director of Development.

Dr. Mundt retired from full-time service at the seminary in 2015, though not from ministry to the church in Canada. He continues to serve regularly as a relief Pastor not only for our congregation at St. Paul's, but also for other congregations throughout southwestern BC.

On March 23 we will have a Mission Lunch following the worship service to thank God for the blessings of His faithful servant, Pastor Mundt. Lunch is by donation with proceeds going to support the work by Lutheran Church-Canada in Ukraine. Our Western Regional Pastor, Rev. Robert Mohns will also be our guest that day.

Our Library is looking great. Check out our new selection of books by C.S. Lewis. There's lots of great videos too. Enjoy your library!



Photo Directory

Who are those good-looking people sitting at the other end of the pew? Don't have a clue? We're going to help you put names to faces with the publication of a photo directory in March.

We will have a photo studio all set up in the Library (thank you Alex Jarman) immediately after church on both **Sunday, February 16 and February 23**. It will literally take just a few seconds to capture your photo for the directory, and this project won't work unless we have everyone included.

If you are not able to have your photo taken during February, we still want you in the directory. Please submit your own photo by March 1. You may either bring it to the church office for scanning or (preferably) email it to the office at info@chilliwacklutheran.com. Please indicate the names of everyone in the photo from left to right.

We will also be printing and posting small family photos on the Family Tree at the entrance to the Fellowship Hall.



FEELING TECHY?

We need to train two more volunteers for worship media

1. Media Shout Operator
2. Worship Streaming Operator

Interested?
See Barb
Schmidt or
Marjorie Nielsen



Young-at-Heart

Our monthly seniors' fellowship group meets on the second Friday each month for a potluck lunch, a brief devotion or program ... and plenty of time to socialize and laugh with friends of a "certain age." We never check ID at the door, so everyone is welcome to attend these informal gatherings.

This is another one of those wonderful events where your friends and family members get to meet more members of our church community.



Two New Fellowship Groups

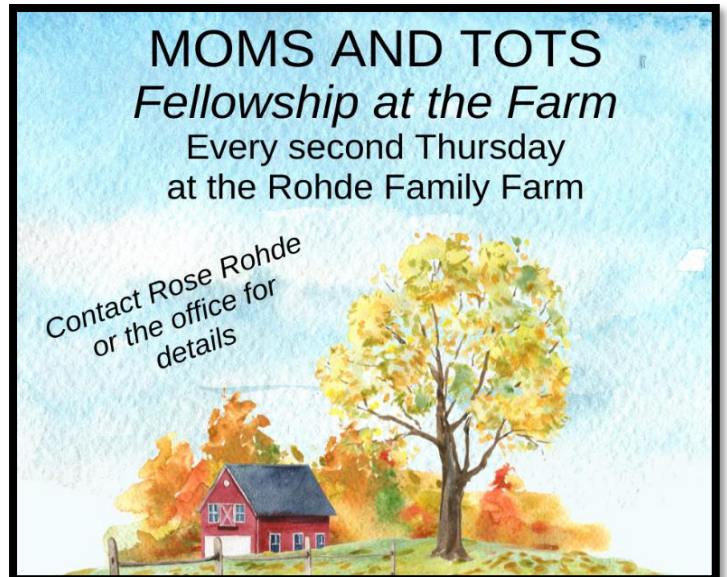
In February we launched two new fellowship groups thanks to Rose and Mike Rohde who are spearheading these new regular activities. For more information contact the Rhodes or the church office.



Men's Fellowship
1st Saturday of the Month
7:00 pm

Card Games
Cribbage
Snacks!
Please bring a snack to share
Devotion
Friends

The flyer features a central image of four men sitting around a table, engaged in a card game. Arrows point from the text labels to this central image.



MOMS AND TOTS
Fellowship at the Farm
Every second Thursday
at the Rohde Family Farm

Contact Rose Rohde
or the office for
details

The flyer features a watercolor-style illustration of a red barn with a white roof, surrounded by trees with vibrant autumn foliage in shades of yellow, orange, and red. The sky is a soft, light blue.

A Critical Window of Hope in Gaza

An appeal from Canadian Lutheran World Relief

It is difficult to fully grasp the scale of the need facing the people of Gaza and the West Bank. The ceasefire in Gaza now offers a fragile moment of hope, creating a rare opportunity to reach those in desperate need. Now that humanitarian access has been restored, we must act quickly to support those still facing unimaginable hardship. Our partners at Lutheran World Federation Jerusalem are ready to move immediately to provide immediate treatment for sick and injured patients, help rehabilitate the healthcare system in Gaza, provide trauma support, and distribute winter clothes, food parcels, blankets, and hygiene kits. If you're able, please consider making a gift at this critical window to help provide vital aid by calling 1-800-661-2597 or going online to [Gaza Humanitarian Emergency Response — Canadian Lutheran World Relief](#)



Lent

Although it will soon be time for the celebration of Easter, let's not rush things. The season of Lent is also important as it helps us to prepare our hearts and our minds to joyfully receive the message of Easter. Here are some questions to help you learn more about the Lenten season. Try not to peek at the answers below.

1. The date for Easter was set in the year 325 AD but it changes every year. How is the date set?

2. The season is called Lent. Where does the word "lent" come from?

3. What is the first day of Lent called?

4. What is the day before Ash Wednesday called?

5. The name of this day comes from the word "shrive". What does it mean to be "shriven".

6. This day is also called "mardi gras". What does "mardi gras" mean? What does it have to do with Lent?

7. There are more than forty days between the first and last days of Lent. Why?

8. Many churches avoid using a particular word during the season of Lent. What is it?

9. Maundy Thursday is the day before Good Friday. It is believed that the name comes from the Latin word "mandatum". What does it mean?

10. Why do some people "give up" something for Lent

1. Setting the date for Easter is actually quite complicated ... but it typically works out to being the first Sunday after the first full moon following the spring equinox.
2. Lent comes from the word "lengthen" since the days get longer during spring.
3. Ash Wednesday worship services often involve inviting people forward to have a cross of ashes placed on their forehead. It reminds us that from dust we are - to dust we will return. We can therefore never praise God enough that Jesus came to overcome death.
4. Shrove Tuesday.
5. To be "shriven" is to have your sins forgiven. During Lent we focus on how our sins are forgiven through the sacrifice of Jesus Christ.
6. Greasy Tuesday or Fat Tuesday. People in some countries have a party and eat rich food, such as pancakes, before the solemn, lean days of Lent.
7. Sundays are not counted because they are always a reminder of the resurrection
8. Alleluia. This means "He has risen." Lent is a time of reflection on Christ's suffering and death - the celebration of His resurrection comes later, at Easter.
9. Jesus gave his disciples a "novum mandatum" (new commandment) that they love one another.
10. There is a tradition among some Christians to fast or give up some luxury during Lent. This small sacrifice reminds them that our salvation came at a terrible price ... Christ suffered and died on a cross for us.

Lent Quiz Answers